

THE BELBIN GETSET GUIDE TO CHOOSING YOUR OPTIONS

SPEAK TO PEOPLE

Prior to choosing your options, speak to lots of people for advice, such as teachers, careers advisors and your parents.

WHAT DO YOU ENJOY?

Consider which subjects you enjoy and that you are good at (2 years is a long time studying a subject you don't like!).

GATHER INFORMATION

Attend special assemblies and information evenings to gain further information.

IT'S NOT JUST ABOUT SCHOOL

Think about what you are like at home, as well as in school – what skills have you developed outside of school?

STAY POSITIVE

Keep an open mind and stay positive – it might be that some of your first choices are not available, so have a backup plan.

CONSIDER BTECS

Many schools offer BTECs which are more of a vocational qualification (relating to an occupation or employment) BTECs are continuously assessed throughout the course, so have no exam at the end of them.

BALANCE

Try to choose a balance of subjects to keep a variety of future options open.

WHAT NEXT?

Consider your post-16 plans – choices made now may affect these plans.

QUALITY OVER QUANTITY

Don't try and bite off more than you can chew. Quality is more important than quantity, so choose options you are confident that you can juggle.

LEARNING STYLES

Take into account your preferred learning style. Is the subject you want to study taught practically? Does it involve writing essays or lots of research for example?

Completing a Belbin Self-Perception questionnaire will help you identify your strengths, key skills and learning style – this can aid you in your decisions for your next steps.

Visit www.belbingetset.com for more information & free resources.