

THE BELBIN GETSET REVISION GUIDE



CREATE THE PERFECT WORKING ENVIRONMENT

Clear your desk, put your phone away and try and commit to spending at least an hour a day studying with a ten minute break.

USE FLASHCARDS, COLOURS AND IMAGES

Write down key points on flashcards, use colours and images to help visual learning and always have them close to hand.



CREATE STUDY LISTS

Creating a list will help you remember study tasks and ticking them off will boost confidence and give you a sense of achievement!

STUDY ON THE GO!

A quick boost of information on the way to and from school can be very helpful and can help you retain information. Consider using revision apps on your smartphone.



DON'T CRAM!

It's impossible to cover all your material in a short space of time and studies prove that last minute studying forces information to your short-term memory rather than long term memory.

REWARD YOURSELF

Small rewards are a great way to keep motivated, so for example, for every 45 minutes straight revision, treat yourself to a nice snack or drink.

